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# Effect of continuous hemodiafiltration using an AN69ST membrane in patients with sepsis

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## Abstract

**Background:** Sepsis is a systemic inflammatory response syndrome caused by infectious disease. Severe sepsis and septic shock are extremely serious conditions with poor prognoses. It is reported that cytokines are deeply involved in the disease mechanism. Continuous hemodiafiltration (CHDF) using a poly(methyl methacrylate) (PMMA) membrane is reported to adsorb various cytokines and improve the status of patients with sepsis. Recently, another cytokine-adsorbing hemofilter, acrylonitrile-co-methylallyl sulfonate surface-treated (AN69ST) membrane, has become available for CHDF in patients with sepsis. However, the clinical efficacy of this membrane remains unclear. Therefore, in this study, we compared the efficacy of AN69ST and PMMA membranes.

**Methods:** This retrospective study included patients with severe sepsis or septic shock who underwent CHDF for at least 24 h in the intensive care unit from January 2013 to August 2016.

**Results:** This study included 49 patients who underwent CHDF, 32 using an AN69ST membrane and 17 using a PMMA membrane. In the AN69ST and PMMA groups, average age was  $71.1 \pm 11.4$  years and  $74.7 \pm 9.4$  years, respectively, and percentage of men was 71.9 and 88.2%, respectively. Severity of sepsis and vital signs were not significantly different between groups at the start of CHDF. In addition, 28-day mortality was not significantly different between groups (43.8 vs. 35.3%,  $P = 0.1625$ ). However, heart rate in the AN69ST group decreased significantly early in the course of CHDF (6, 12, and 24 h,  $P < 0.05$ ) compared with the PMMA group.

**Conclusions:** AN69ST and PMMA membranes showed equivalent efficacy. Furthermore, CHDF using an AN69ST membrane may be effective for early stabilization of vital signs.

**Keywords:** AN69ST, Continuous renal replacement therapy, Continuous hemodiafiltration, Sepsis

## Background

Sepsis is a systemic inflammatory response syndrome caused by infectious disease [1]. Severe sepsis and septic shock are extremely serious conditions with poor prognoses [2, 3]. It is reported that cytokines are deeply involved in the disease mechanism. Although various treatments for sepsis have been used, none has been sufficient. Of the available options, blood purification therapy for cytokine removal is reported to be successful [4]. With regard to high-flow and high-volume renal

replacement therapy, results have been positive [5, 6] or negative [7, 8], with no clear conclusion. However, continuous renal replacement therapy (CRRT), which removes cytokines by taking advantage of the characteristics of membranes, such as poly(methyl methacrylate) (PMMA), is often used [9, 10]. Although another hemofilter, acrylonitrile-co-methylallyl sulfonate surface-treated (AN69ST) membrane, has recently become available in Japan [11], results regarding its clinical efficacy are scarce. In addition, there is no study comparing the AN69ST membrane with another hemofilter with cytokine-adsorption ability, such as PMMA. Therefore, in this study, we investigated the clinical efficacy of the AN69ST membrane in the acute phase.

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**Table 1** Baseline characteristics of patients treated with CHDF

Parameter	AN69ST (n = 32)	PMMA (n = 17)	P value
Male (%)	71.9	88.2	0.1914
Age (years)	71.1 ± 11.4	74.7 ± 9.4	0.1123
Height (cm)	159.8 ± 8.9	160.7 ± 9.2	0.7845
BMI	22.4 ± 4.7	21.6 ± 3.8	0.4371
Cause of sepsis			
Peritonitis (%)	46.9	64.7	0.2339
UTI (%)	6.3	11.8	0.5022
Pneumoniae (%)	15.6	11.8	0.7132
Infection bacteria			
Gram-positive coccus (%)	40.6	41.2	0.9702
Gram-negative rod (%)	34.4	47.1	0.3857
Unknown (%)	31.3	23.5	0.5691
Past history			
Diabetes (%)	21.9	23.5	0.8949
Hypertension (%)	53.1	35.3	0.2339
Maintenance dialysis (%)	12.5	29.4	0.1456
Ventilator (%)	84.4	94.1	0.3220
Surgical treatment (%)	50.0	76.5	0.0727
SBP (mmHg)	105.2 ± 26.8	107.9 ± 21.7	0.4945
DBP (mmHg)	54.3 ± 13.2	57.6 ± 15.7	0.5012
MBP (mmHg)	71.3 ± 15.9	74.3 ± 16.6	0.5777
HR (bpm)	99.1 ± 22.0	99.8 ± 17.2	0.9828
BT (°C)	37.3 ± 1.0	36.9 ± 1.1	0.0740
CAI			
DOA (µg/kg/min)	0.00 ± 0.00	0.55 ± 2.28	0.1573
DOB (µg/kg/min)	0.89 ± 2.00	0.55 ± 2.28	0.1918
NA (µg/kg/min)	0.38 ± 0.26	0.27 ± 0.19	0.1472
WBC (1000/µL)	15.4 ± 9.5	11.8 ± 11.0	0.1035
Hb (g/dL)	10.6 ± 2.1	10.3 ± 1.4	0.4749
Plt (10,000/µL)	14.5 ± 10.8	13.6 ± 7.4	0.8091
ALB (g/dL)	2.0 ± 0.5	1.9 ± 0.5	0.6591
AST (IU/L)	310.1 ± 754.4	285.7 ± 999.8	0.2610
ALT (IU/L)	172.2 ± 440.3	118.2 ± 388.2	0.1753
UN (mg/dL)	57.2 ± 24.3	48.0 ± 26.1	0.1252
Cr (mg/dL)	3.6 ± 2.2	3.9 ± 3.6	0.4067
eGFR (ml/min/1.7 m <sup>2</sup> )	19.0 ± 12.9	25.8 ± 19.0	0.4127
Na (mEq/L)	138.2 ± 4.1	137.8 ± 6.3	0.2291
K (mEq/L)	4.5 ± 1.0	4.3 ± 0.8	0.3714
cCa (mg/dL)	9.4 ± 0.9	9.4 ± 0.9	0.8058
P (mg/dL)	4.6 ± 1.7	4.7 ± 1.9	0.8148
Mg (mg/dL)	2.0 ± 0.5	1.8 ± 0.3	0.3516
CRP (mg/dL)	20.4 ± 12.5	14.8 ± 12.2	0.0991
HCO <sub>3</sub> <sup>-</sup> (mEq/L)	16.9 ± 5.6	17.0 ± 4.3	0.8500
Lactate (mg/dL)	40.4 ± 32.3	23.9 ± 15.3	0.0928

**Table 1** Baseline characteristics of patients treated with CHDF (Continued)

APACHE 2	32.1 ± 7.0	32.5 ± 4.8	0.8086
APACHE2 without kidney	29.3 ± 7.1	30.2 ± 4.9	0.7120
SOFA	13.1 ± 2.7	11.9 ± 2.7	0.0807
SOFA without kidney	10.4 ± 2.3	9.5 ± 2.8	0.4709
PMX (%)	25.0	58.8	0.0194*
CRRT (days)	4.4 ± 2.9	5.3 ± 4.9	0.8970
Death at 28 days (%)	43.8	35.3	0.1625
Cr at 28 days (mg/dL)	1.4 ± 1.3 (n = 14)	2.5 ± 1.9 (n = 9)	0.0777

CHDF continuous hemodiafiltration, AN polyacrylonitrile, PMMA polymethyl methacrylate, BMI body-mass index, UTI urinary tract infection, SBP systolic blood pressure, DBP diastolic blood pressure, MBP mean blood pressure, HR heart rate, BT body temperature, CAI catecholamine index, DOA dopamine, DOB dobutamine, NA noradrenalin, WBC white blood cells, Hb hemoglobin, Plt platelet, ALB albumin, AST aspartate aminotransferase, ALT alanine aminotransferase, eGFR estimated glomerular filtration rate, Na sodium, K potassium, cCa corrected calcium, P phosphate, Mg magnesium, CRP C-reactive protein, HCO<sub>3</sub><sup>-</sup> bicarbonate, APACHE 2 Acute Physiology and Chronic Health Evaluation II score, SOFA sequential organ failure assessment score, PMX polymyxin B-immobilized fiber column hemoperfusion, CRRT continuous renal replacement therapy

\**p* < 0.05

## Methods

### Patients and data collection

This retrospective study included patients with severe sepsis or septic shock who underwent CRRT for at least 24 h in the intensive care unit from January 2013 to August 2016. Sepsis was diagnosed by meeting at least two systemic inflammatory response syndrome criteria due to a presumed infection [1]. Severe sepsis is that causing organ dysfunction. As CRRT, continuous hemodiafiltration (CHDF) was performed, starting with a dialysate flow rate of 400 mL/h and a replacement solution flow rate of 400 mL/h, which was adjusted appropriately. A double-lumen catheter was placed in the internal jugular vein as vascular access. Heparin and/or nafamostat mesylate was used with judgment in each case. Judgment of when to start and finish CHDF was determined by consultation with multiple intensive care staff members and nephrologists. The membranes used for CHDF were PMMA and AN69ST.

At the start of CHDF, patients' age, sex, physical findings, cause of sepsis, and laboratory data were collected from their medical records. Acute Physiology and Chronic Health Evaluation II (APACHE II) [12] and sequential organ failure assessment (SOFA) [13] scores also were calculated. Vital signs and catecholamine index (CAI) were evaluated at the start of CHDF and at 6, 12, 24, 48, and 72 h. Twenty-eight-day survival rate was also calculated. Patients' vital signs and CAI at 72 h were included even if CHDF was already finished at that time. CAI was calculated as follows: dopamine level (µg/kg/min) + dobutamine level (µg/kg/min) + noradrenaline level (µg/kg/min) × 100.

**Statistical analysis**

Baseline characteristics were presented descriptively with average and SD values and were tested using the Mann-Whitney *U* test for parametrical data and  $\chi^2$  test for nonparametrical data. Logistic regression analysis and stratified analysis were performed to evaluate 28-day survival. *P* values of <0.05 were considered statistically significant.

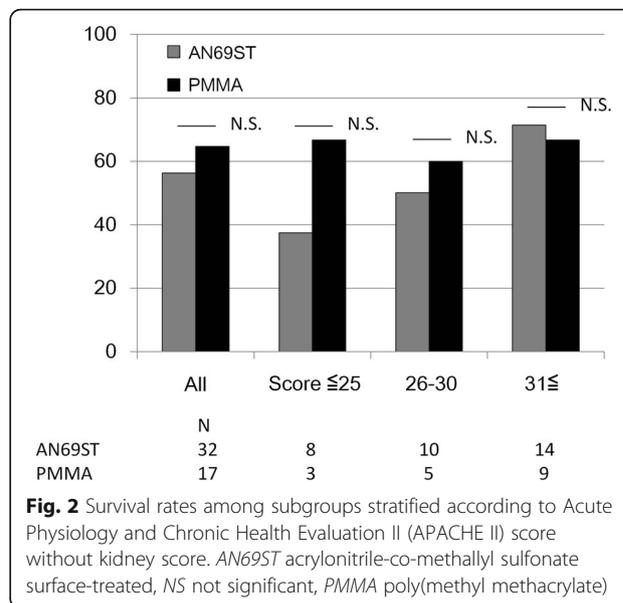
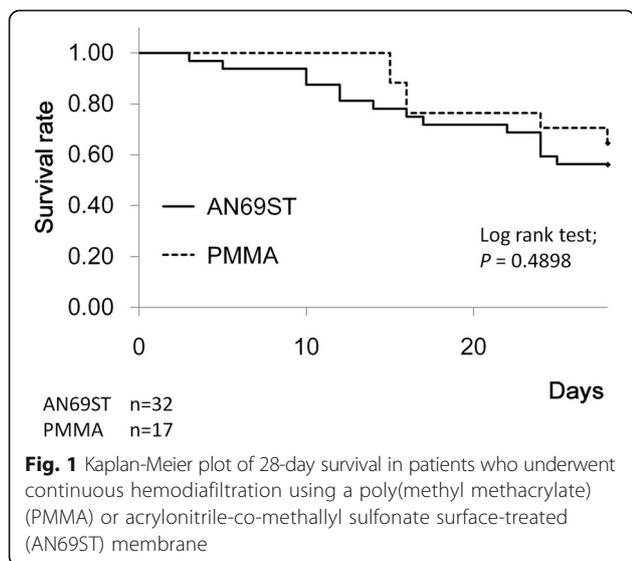
**Results**

**Baseline characteristics**

Table 1 shows the clinical characteristics of the 49 patients included in this study. Of them, 32 underwent CHDF using an AN69ST membrane, while 17 used a PMMA membrane; average age was  $71.1 \pm 11.4$  years and  $74.7 \pm 9.4$  years, respectively, and percentage of men was 71.9 and 88.2%, respectively. As a result, almost all CHDF was performed with AN69ST membrane after becoming available although discussed by multiple intensive care staff members and nephrologists. Severity of sepsis and vital signs at the start of CHDF were not significantly different between groups. The percentage of ventilator user did not show significant difference between both groups. Compared with patients using an AN69ST membrane, those using a PMMA membrane received combination therapy with polymyxin B-immobilized fiber column hemoperfusion (PMX) more frequently (58.8 vs. 25.0%, *P* = 0.0194).

**Comparison of 28-day mortality**

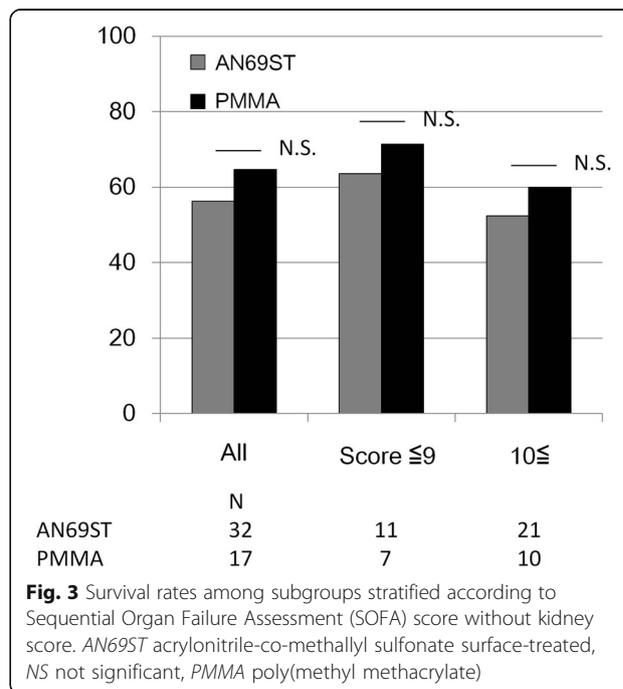
Figure 1 shows the Kaplan-Meier plot of 28-day survival in patients who underwent CHDF using an AN69ST or PMMA membrane. Twenty-eight-day mortality was not significantly different between groups (43.8 vs. 35.3%, *P* = 0.1625). Figures 2 and 3 show

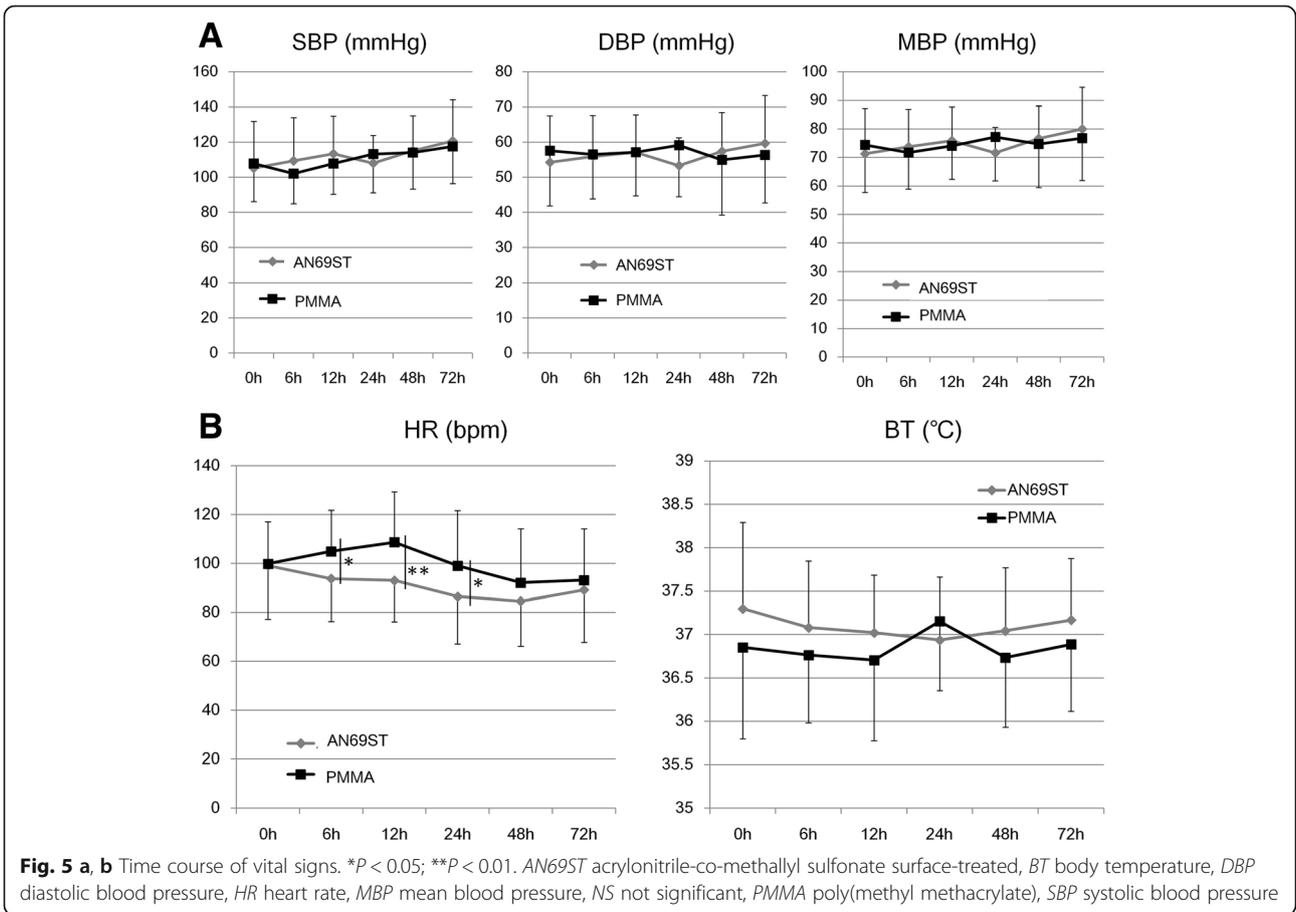
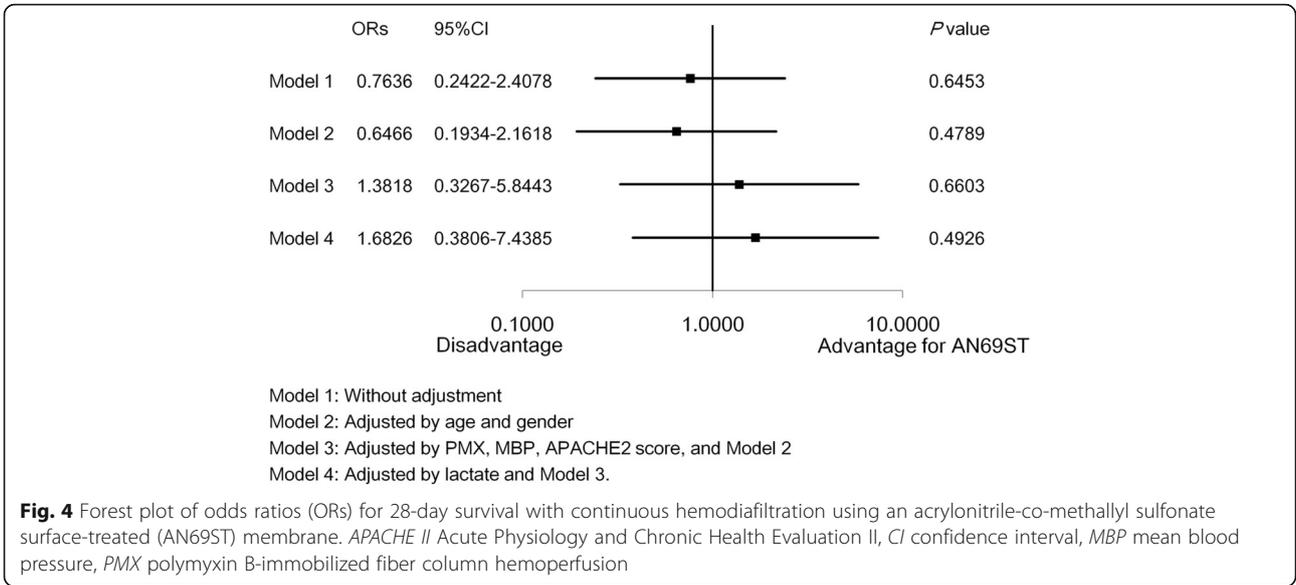


stratified analysis according to APACHE II and SOFA scores without kidney score. Figure 4 shows the forest plot of odds ratios for 28-day survival. Stratified and multivariate analyses showed no significant difference in mortality between groups. Furthermore, the level of creatinine at 28 days was not different significantly (Table 1).

**Time course of vital signs and CAI**

Figure 5a shows blood pressure in patients who underwent CHDF using an AN69ST or PMMA membrane.





There were no significant differences between groups. Figure 5b shows heart rate (HR) and body temperature in such patients. Early in the course of CHDF (6, 12, and 24 h), patients using an AN69ST membrane showed more stable HR than those using a PMMA membrane. Figure 6 shows various parameters which affect vital signs. There was no difference in CAI, fluid removal rate, or the level of albumin.

**Discussion**

In this study, we compared patients with sepsis who underwent CHDF using an AN69ST or PMMA membrane. AN69ST and PMMA membranes showed equivalent survival. Furthermore, patients using an AN69ST membrane demonstrated rapid stabilization of HR.

There has been no report comparing the clinical efficacy of AN69ST and PMMA membranes. Our study is distinctive in that we focused on patients with sepsis. Some previous studies have reported that CHDF using an AN69ST membrane showed significantly better survival than expected in patients with sepsis [14, 15]. The present report showed nearly equal survival between AN69ST and PMMA membranes, indicating the effectiveness of AN69ST. However, the expected survival rate from APACHE II scores is of a considerably old age, and caution is necessary because survival is considered to be further improved by the current progress in treatment.

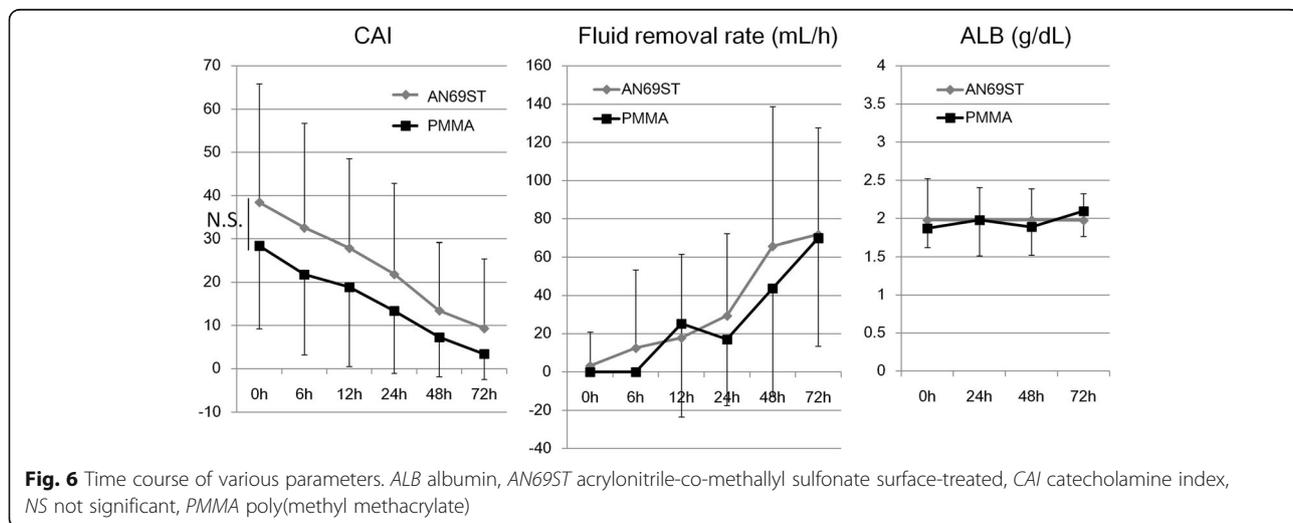
When performing CHDF, there are renal and nonrenal indications. In the latter case, cytokine removal is the main purpose. In patients with sepsis, cytokine storm plays a central role in the pathologic condition, and cytokine removal is considered to be effective, as in this study. In the present study, there were no significant differences in urea nitrogen or creatinine levels at the start of CHDF between groups. Furthermore, because multiple intensive care unit physicians and nephrologists at

a single institution decided when to start and finish CHDF by discussion, there was little deviation in the criteria for CHDF, even though different membranes with cytokine-adsorption ability were selected. In this study, although we did not measure the levels of cytokines, we presumed that rapid HR stabilization was due to cytokine removal because other parameters which affect HR, such as body temperature, dose of dopamine, fluid removal rate, and the level of albumin, did not show significant difference between both groups.

In our study, although the differences were not significant, the AN69ST group tended to have more severe values for SOFA score, lactate level, and CAI. However, the equivalent survival between groups seems to indicate the effectiveness of the AN69ST membrane. In addition, HR stabilized faster in the AN69ST group than in the PMMA group. We consider that this may be due to the difference in mechanisms: the AN69ST membrane adsorbs cytokines by utilizing an electrical charge, while the PMMA membrane adsorbs cytokines by ensnaring them in the surface pores [16]. However, because we did not measure cytokine level, we are not able to discuss this point further. Nonetheless, it is possible that cytokine easily removed by the AN69ST membrane contributed to earlier improvement of vital signs.

For comparison between membranes, we targeted patients who underwent CHDF for more than 24 h. Patients who died within 24 h after the start of CHDF were too critical to evaluate the differences between membranes. These most severe cases have pathologic conditions with advanced organ dysfunction and may require intensive treatment at an earlier stage.

The prevalence of PMX usage was significantly higher in PMMA group. In this study, after becoming available, almost all CHDF was performed using AN69ST membrane without PMX. It may be a facility trend. Because



the efficacy of PMX is reported [17], identical prognosis in AN69ST membrane group with low prevalence of PMX usage may be showing advantageous aspect, comparing to PMMA group with higher prevalence of PMX usage.

On the other hand, cost of medical equipments is an important problem. As of 2016 in Japan, AN69ST membrane is about 10% more expensive than PMMA membrane. In this study, we did not examine the life span of membranes because we changed membranes every 24 h before clotting. If life span of AN69ST membrane is longer, the cost problem may be solved.

Our study has some limitations. First, because this was a retrospective study, the backgrounds of both groups were not completely matched. In addition, criteria for the start of CHDF were not clearly defined. However, because multiple physicians determined when to start and finish CHDF by discussion, it is considered that there was no large deviation in judgment. Nonetheless, the start and end criteria for CHDF should be clear. Second, we did not measure the cytokine level. Because HR was stabilized early in the AN69ST group, we should determine whether this was due to the type of cytokines that can be removed.

## Conclusions

Patients who underwent CHDF using an AN69ST or PMMA membrane showed similar prognoses. Furthermore, CHDF using an AN69ST membrane may be effective for early stabilization of vital signs.

## Abbreviations

AN69ST: Acrylonitrile-co-methallyl sulfonate surface-treated; APACHE II: Acute Physiology and Chronic Health Evaluation II; CAI: Catecholamine index; CHDF: Continuous hemodiafiltration; CRRT: Continuous renal replacement therapy; HR: Heart rate; PMMA: Poly(methyl methacrylate); PMX: Polymyxin B-immobilized fiber column hemoperfusion; SOFA: Sequential organ failure assessment

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## Availability of data and materials

Please contact the author for data requests.

## Authors' contributions

AT and DI designed the study. AT performed the statistical analysis and wrote the manuscript. All authors participated in the care of the patients. All authors read and approved the final manuscript.

## Competing interests

The authors declare that they have no competing interests.

## Consent for publication

Not applicable.

## Ethics approval and consent to participate

The study was approved by the Ethics Committee of the Institutional Review Board of Japanese Red Cross Nagoya Daini Hospital (No. 1044) and was conducted under the Declaration of Helsinki.

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