

CASE REPORT

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Clinical and immunologic characteristics of Japanese patients with anti-glomerular basement membrane disease: case reports and literature review

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Abstract

Background: Clinical studies of anti-glomerular basement membrane (GBM) disease were limited because of the low incidence. We aimed to report the characteristics, treatments, and outcomes of patients with anti-GBM disease at a tertiary reference medical center in Japan and review the literature of mortality in patients with anti-GBM disease.

Case presentation: Case 1 was a 72-year-old Japanese man that was referred with worsening of the serum creatinine (from 1.1 to 27.3 mg/dL). Anti-GBM disease was confirmed by renal biopsy, and treatments with oral prednisolone and plasmapheresis were initiated. Although his anti-GBM antibody decreased (from 476 to 18 units/mL) after the treatments, the patient died from lung abscess. Case 2 was a 32-year-old Japanese man that presented with fever and macroscopic hematuria. At presentation, his serum creatinine was 4.2 mg/dL, and anti-GBM antibody was 265 units/mL. Renal biopsy confirmed the diagnosis of anti-GBM disease, and intensive treatments with plasmapheresis and methyl prednisolone were started, followed by oral prednisolone. Living-donor kidney transplantation was performed because his anti-GBM antibody had remained undetectable for 1 year after diagnosis. In the main text, clinicopathological characteristics of 12 patients with anti-GBM disease at our institution were summarized.

Conclusions: We found that the 1-year survival rate of patients with anti-GBM disease was 88% in our cohort, which was comparable to previous studies. Multicenter, nationwide studies are expected to evaluate prognosis of Japanese patients with this rare entity.

Keywords: Anti-glomerular basement membrane disease, Literature review, Survival

Background

Anti-glomerular basement membrane (GBM) disease is a type of small vessel vasculitis, involving glomerular capillaries, pulmonary capillaries, or both, and presents with anti-GBM autoantibody deposition along the GBM [1]. The outcome of anti-GBM disease has improved with intensive treatment with plasmapheresis, glucocorticoids,

and/or immunosuppressive therapy; however, >60% of patients with anti-GBM disease progress to end-stage renal disease (ESRD), still reaching a mortality rate of approximately 25% at 1 year after diagnosis [2, 3]. Although a retrospective study in China reported that the combination of plasmapheresis and corticosteroids had a favorable effect on both patient survival and renal survival (defined as the time from onset to ESRD) [2], few reports have described the clinical course, treatment, and outcomes of Japanese patients with anti-GBM disease [4, 5]. Here, we report two patients with anti-GBM disease who had distinct clinical

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courses. In addition, we summarized the clinicopathological findings of 12 patients with anti-GBM disease at our institution and reviewed the literature of mortality in this population.

Case presentation

Case 1

A 72-year-old Japanese man with hypertension and chronic kidney disease due to type 2 diabetes mellitus was referred to our medical center with worsening of the serum creatinine (sCr) level for 2 weeks. He had a baseline sCr of 1.1 mg/dL. The patient never smoked or had no family history of kidney or rheumatic disease. On examination, his respiratory rate was 24 breaths per minute, his heart rate was 73 bpm, his blood pressure was 125/64 mmHg, he had a saturation of 83% in room air, and his body temperature was 38.6 °C. Physical examination was remarkable for labored breathing using respiratory accessory muscles, bilateral coarse crackles, and pretibial pitting edema. There was no rash or purpuric skin lesion. Notable laboratory findings included severe anemia (hemoglobin level, 5.9 g/dL) and a markedly decreased kidney function (blood urea nitrogen (BUN), 182 mg/dL; sCr, 27.3 mg/dL; estimated glomerular filtration rate (eGFR) [6], 1 ml/min/1.73 m²). The immunoglobulin (Ig) levels were normal (IgM, 80 mg/dL; IgA, 196 mg/dL), except for elevation of IgG (1958 mg/dL). Urinalysis showed proteinuria (4.8 g/gCr) with microscopic hematuria (>100 erythrocytes per high-power field) and a few red blood cell casts. Plain computed tomography showed bilateral pleural effusion and normal-sized kidneys. Antinuclear antibodies and proteinase 3 (PR3) and myeloperoxidase (MPO) antineutrophil cytoplasm antibodies (ANCA) were negative. Anti-GBM antibody was 476 units/mL. PR3-ANCA, MPO-ANCA, and anti-GBM antibody were measured using enzyme-linked immunosorbent assay method. Anti-GBM disease was confirmed by renal biopsy, which showed 10 glomeruli, seven of them had cellular crescent formation (Fig. 1) and three had global sclerosis. A moderate interstitial infiltration composed of monocytes and neutrophils was observed. Immunofluorescence microscopy showed linear staining for IgG along with the GBM (Fig. 2). Along with oral prednisolone (40 mg/day), double-filtration plasmapheresis (DFPP) using human albumin (5%) as the replacement material was initiated. The patient's anti-GBM antibody decreased from 476 to 18 units/mL with twelve sessions of DFPP, but he underwent hemodialysis because his renal function did not recover. One month after completion of DFPP, however, the patient died from lung abscess (Fig. 3) caused by *Pseudomonas aeruginosa*.

Case 2

A 32-year-old Japanese man, current smoker, presented with a 3-week history of fever with rigor and macroscopic

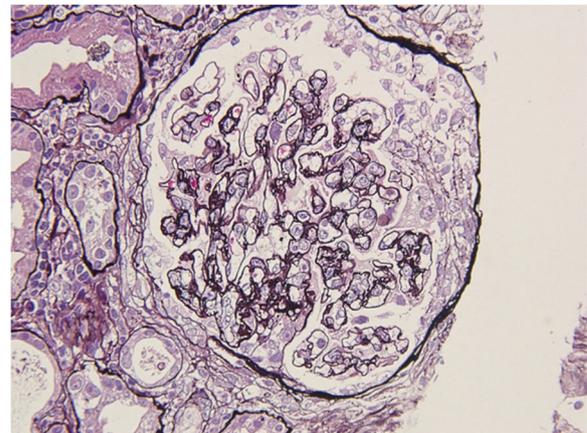


Fig. 1 Light microscopy of the kidney in case 1 showed cellular crescent formation (periodic acid-methenamine silver, ×400)

hematuria. He denied hemoptysis, skin rash, or joint pain. Physical examination revealed his respiratory rate was 16 breaths per minute, his heart rate was 108 bpm, his blood pressure was 108/58 mmHg, and his body temperature was 39.0 °C. Other physical examinations were unremarkable. Laboratory tests showed mild anemia (hemoglobin level, 10.9 g/dL) and a moderately decreased kidney function (BUN, 35 mg/dL; sCr, 4.2 mg/dL; eGFR [6], 14 ml/min/1.73 m²). IgG was elevated (1110 mg/dL), but other immunoglobulin levels were normal (IgM, 68 mg/dL; IgA, 113 mg/dL). Antinuclear antibodies, PR3-ANCA and MPO-ANCA, using enzyme-linked immunosorbent assay method were negative. Urinalysis showed proteinuria (0.9 g/gCr) with microscopic hematuria (>100 erythrocytes per high-power field). Plain computed tomography showed normal-sized kidneys and no alveolar hemorrhage. Anti-GBM antibody was 265 units/

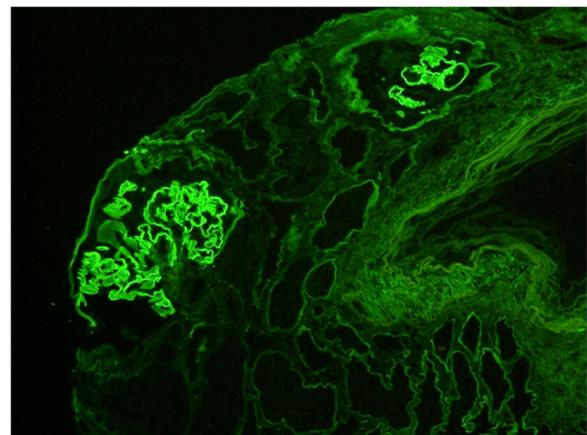


Fig. 2 Immunofluorescence microscopy of the kidney in case 1 showed linear staining along with the glomerular basement membrane (IgG immunofluorescence, ×400)

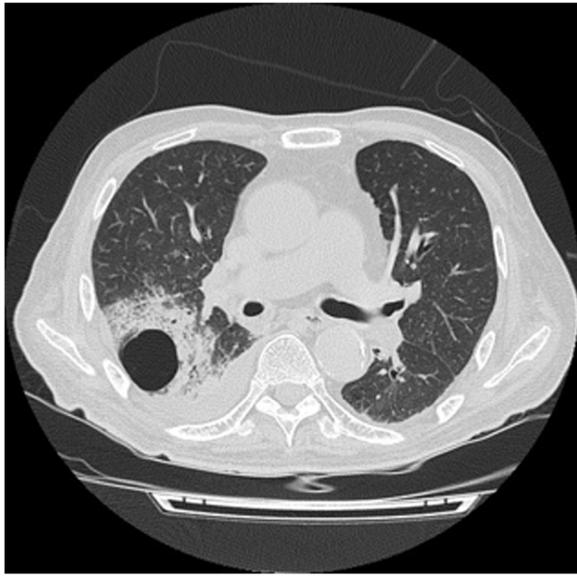


Fig. 3 Plain computed tomography of the chest in case 1 showed cavity lesion in the right lower lobe

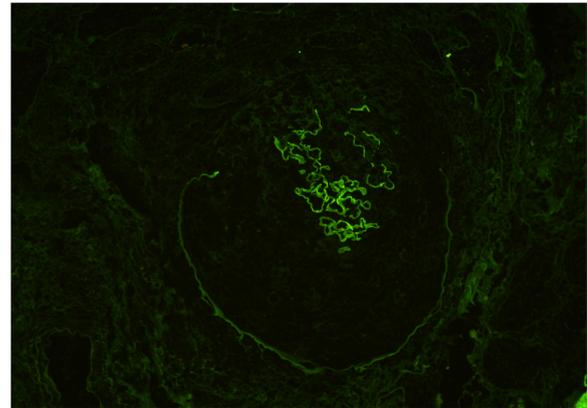


Fig. 5 Immunofluorescence microscopy of the kidney in case 1 showed linear staining along with the glomerular basement membrane (IgG immunofluorescence, $\times 400$)

mL (enzyme-linked immunosorbent assay). Renal biopsy showed 12 glomeruli; all of them had cellular crescent formation (Fig. 4) and had no global sclerosis. Immunofluorescence microscopy showed linear staining for IgG along with the GBM (Fig. 5). Intravenous infusion of methyl prednisolone (500 mg/day for three consecutive days) followed by oral prednisolone (50 mg/day) was started. After completion of 20 sessions of DFPP using human albumin (5%), his anti-GBM antibody became undetectable. However, the patient's kidney function did not recover, and he underwent hemodialysis. One year after the initial diagnosis, the patient's anti-GBM antibody remained undetectable,

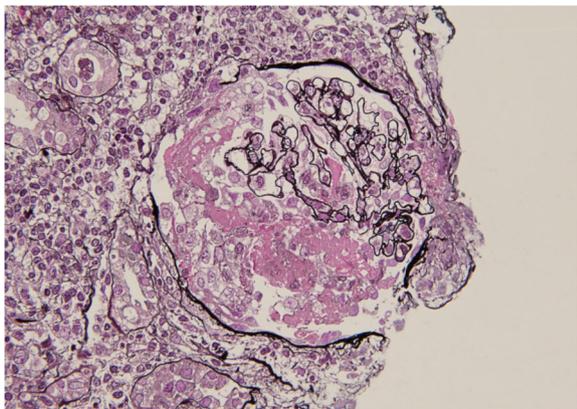


Fig. 4 Light microscopy of the kidney in case 2 showed cellular crescent formation (periodic acid-methenamine silver, $\times 400$)

and thus, he received living-donor kidney transplantation without recurrence of anti-GBM disease or other complications.

Discussion and conclusions

We reported two patients with anti-GBM disease to illustrate their distinct patient outcomes. Table 1 summarizes demographic, clinical, and pathologic characteristics of 12 patients with anti-GBM disease from 2000 to 2020 at our institution. At baseline, the median age was 70 years (interquartile range (IQR), 32–77 years), 18% were women, 45% had diabetes mellitus, and 64% had hypertension. Of the 12 patients, 4 patients (36%) had anuria, 3 (25%) had pulmonary interstitial opacities on computed tomography, and 2 (17%) had a pulmonary hemorrhage. The median level of sCr at presentation was 8.5 mg/dL (IQR, 5.2–11.4 mg/dL), and the median eGFR was 5 mL/min/1.73 m² (IQR, 3–8 mL/min/1.73 m²). The median level of anti-GBM antibody level was 214 international unit (IU)/mL (IQR, 43–16385 IU/mL). ANCA positivity was shown in 3 patients (25%), with PR3-ANCA in 1 and MPO-ANCA in 2. Renal biopsy was performed in all 12 patients with the following results: global sclerosis in 6 (50%); crescent formation in 12 (100%); glomerular necrosis in 10 (83%); and interstitial inflammation in 12 (100%). A total of 8 patients (67%) received plasmapheresis with a total number of administrations between 6 and 20. All patients received oral corticosteroids with median initial doses of 40 mg/day (IQR, 40–60 mg/day), whereas 10 patients (91%) received steroid pulse therapy (methyl prednisolone 500 mg/day for three consecutive days), with the total number of steroid pulse courses between 1 and 3. During the median follow-up period of 2.7 years (IQR, 0.4–8.2 years), 4 patients died, all patients progressed to

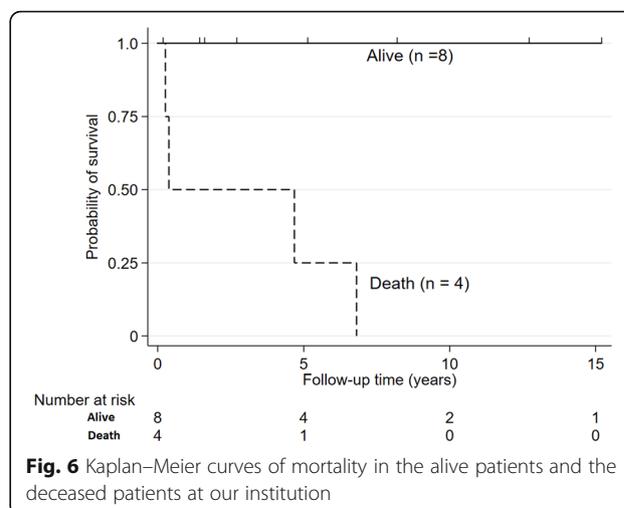
Table 1 Demographic, clinical, and pathologic characteristics from 12 patients at our institution

	All (n = 12)
Age, years (median [range])	70 [32, 77]
Female, n (%)	2 (18)
BMI, kg/m ² (median [25%, 75%])	21.5 [18.7, 23.9]
Diabetes mellitus, n (%)	5 (45)
Hypertension, n (%)	7 (64)
Anuria, n (%)	4 (36)
Hematuria, n (%)	12 (100)
Pulmonary interstitial opacities, n (%)	3 (25)
Pulmonary hemorrhage, n (%)	2 (17)
Hemoglobin, g/dL (median [25%, 75%])	10.3 [8.3, 12.5]
Serum albumin, mg/dL (median [25%, 75%])	2.7 [2.1, 3.1]
C-reactive protein, mg/dL (median [25%, 75%])	16.7 [6.9, 28.4]
Serum creatinine, mg/dL (median [25, 75%])	8.5 [5.2, 11.4]
eGFR, ml/min/1.73 m ² (median [25%, 75%])	5 [3, 8]
Baseline urine protein, g/gCr (median [25%, 75%])	1.4 [0.9, 2.4]
Anti-GBM antibody, IU/mL (median [range])	214 [43, 16,385]
MPO-ANCA positive, n (%)	2 (18)
PR3-ANCA positive, n (%)	1 (9)
MPO-ANCA, IU/mL (median [range])	40 [13.3, 67]
PR3-ANCA, IU/mL (median [range])	1.5 [1.5, 1.5]
Global sclerosis (%)	6 (55)
Crescent (%)	12 (100)
Glomerular necrosis, n (%)	10 (91)
Interstitial inflammation, n (%)	12 (100)
Normal glomeruli, n (%)	0
Plasmapheresis, n (%)	8 (73)
Number of plasmapheresis, times (median [25%, 75%])	18 [6, 20]
Oral steroids, n (%)	12 (100)
Oral steroid initial dose, mg/day (median [25%, 75%])	40 [40, 60]
Steroid pulse therapy, n (%)	10 (91)
Number of steroid pulse therapies (n = 1/2/3)	6/0/4

BMI body mass index, *SLE* systemic lupus erythematosus, *eGFR* estimated glomerular filtration rate, *GBM* glomerular basement membrane, *IU* international units, *MPO-ANCA* myeloperoxidase antineutrophil cytoplasmic antibody, *PR3-ANCA* proteinase 3 anti-neutrophil cytoplasmic antibody

ESRD, and one of these patients received living-donor kidney transplantation (Fig. 6).

This study discusses three clinical observations. First, prior studies have reported the survival rates of patients with anti-GBM disease, ranging from 80 to 95% at 1-year after diagnosis and 24–92% at 5-year after diagnosis, respectively (Table 2) [2–5, 7–16]. Our cohort had a similar 1-year survival rate, but a poorer 5-year survival rate than previous studies even with the intensive immunosuppressive treatments and plasmapheresis. The reasons remain uncertain, but one possible explanation

**Fig. 6** Kaplan–Meier curves of mortality in the alive patients and the deceased patients at our institution

may be related to the fact that we had older patients: The median age (70 years) in our cohort was relatively higher than that in other reports [2–5, 7–16]. Indeed, several studies demonstrated that older age at diagnosis was associated with a higher patient mortality [11, 12, 14, 15]. Another possibility may be related to the inclusion of more severe cases in our cohort: The baseline sCr levels (8.5 mg/dL) and all patients utilized renal replacement therapy. McAddo et al. [14] showed that renal replacement therapy at presentation predicted mortality in patients with anti-GBM disease. Of note, an epidemiological study in Australia and New Zealand reported that patients with anti-GBM disease had comparable survival on dialysis compared to that with other causes of ESRD [17]. To evaluate prognosis in Japanese dialysis patients with anti-GBM disease, large-scale nationwide studies are required.

Second, the Kidney Disease: Improving Global Outcomes guidelines [18] do not strongly recommend intensive treatments, including plasma exchange, corticosteroids, and cyclophosphamide, in patients with anti-GBM disease if they presented with dialysis dependency, had no lung hemorrhage, and had 100% cellular crescents in the renal biopsy, which was based on the results of previous studies [7, 11]. A recent study demonstrated that low percentage of normal glomeruli and large extent of interstitial infiltrate were associated with poorer renal survival in patients with anti-GBM disease [19]. Indeed, renal survival of our cohort was very poor. One of the reasons may be related to the fact that no patient had normal glomeruli, whereas all patients had crescents and interstitial inflammation in our cohort.

Third, previous studies recommended performing plasmapheresis until aGBM levels become undetectable or are at least close to the lower limit of detection; however, these recommendations are supported only by expert opinion [3, 20]. Additionally, prior studies demonstrated

Table 2 Summary of the results of prior studies in patients with anti-GBM disease between 2000 and 2020

Reference	Country	Study period (year)	Sample size (n)	Age (years)	sCr (mg/dl)	Anti-GBM measurement method	eGFR (ml/min/1.73 m ²)	Lung involvement (%)	Prednisolone (%)	Cyclophosphamide (%)	Plasmapheresis (%)	Infectious complication (%)	Relapse rate (%)	1-year survival (%)	5-year survival (%)
Levy et al. [7]	UK	1975–1999	81	40	3.6	ELISA	NA	62	100	100	100	NA	3	79	NA
Segelmark et al. [3]	Sweden	1987–1995	79	59	NA	ELISA	NA	21	NA	NA	NA	NA	NA	66*	NA
Li et al. [8]	China	1992–2003	10	59	NA	ELISA or IIF	NA	80	80	80	80	0	0	80	NA
Rutgers et al. [9]	Netherlands	1978–2003	24	57	9.9	ELISA	NA	NA	54	54	54	NA	NA	91	NA
Hirayama et al. [5]	Japan	1989–2000	47	51	7.5	NA	NA	23	85	36	55	NA	14	67*	NA
Kitagawa et al. [4]	Japan	1995–2005	16	61	8.2	NA	NA	25	NA	NA	NA	NA	NA	88	NA
Cui et al. [2]	China	1998–2008	221	39	9.5	ELISA	NA	46	80	34	76	NA	NA	73	NA
Dammacco et al. [10]	Italy	2003–2012	10	49	NA	ELISA	NA	60	100	100	100	NA	20	80	NA
Alchi et al. [11]	UK	1991–2011	43	53	NA	Radioimmunoassay	NA	40	74	74	74	NA	0	88	NA
Huart et al. [12]	France	1983–2006	122	31	7.2	ELISA	NA	91	97	84	100	NA	NA	87	NA
Canney et al. [13]	Ireland	2003–2014	79	63	NA	ELISA	NA	98	NA	NA	NA	NA	NA	62	24
McAddo et al. [14]	Czech, UK and Sweden	2000–2013	78	61	3.3	ELISA or IIF	20 [§]	38	100	92	89	NA	0	86	NA
Marques et al. [15]	France	1981–2017	119	54	7.2	ELISA	NA	45	97	82	82	2	3	95	92
Caillard et al. [16]	France	1997–2017	201	53	7.4	IIF and/or antigen-specific immunoassay	NA	37	97	81	77	58	NA	92	79
Our case series	Japan	2000–2020	12	70	8.5	ELISA	5	42	100	0	67	3	8	82	68

The proportions combined the proportion of oral prednisolone and that of methylprednisolone pulse therapy

GBM glomerular filtration rate, eGFR estimated glomerular filtration rate, ELISA enzyme-linked immunosorbent assay, NA not available, IIF indirect immunofluorescence, sCr serum creatinine level

*6-month survival

§ The Modified Diet in Renal Disease equation was used

that the combination of plasmapheresis, corticosteroids, and/or cyclophosphamide yielded a better patient survival versus treatment without plasmapheresis; however, these studies did not investigate the association between post-treatment anti-GBM levels and patient outcomes [20, 21]. In our cohort, 67% of patients became negative for anti-GBM levels after treatment, which was a higher percentage than that in a previous report (52%) [2]. The reasons for this discrepancy remain uncertain, although the finding may be due to the lower proportion of patients with a pulmonary hemorrhage in the current study versus the previous report [2] (45% vs. 17%).

This case series has several limitations. The largest and most apparent is the small sample size and data from a single center; therefore, the study results should be interpreted with caution. The small sample size also did not allow us to perform statistical analyses for the patient outcomes. Second, DFPP was performed for all patients because a recent study reported that anti-GBM patients with DFPP had similar patient and renal survival to those with immunoadsorption [21, 22]. Finally, the results of our study cannot be directly compared with those in the previous studies because the measurement methods of MPO-ANCA, PR3-ANCA, and anti-GBM antibody varied among studies.

In conclusion, we report two cases of anti-GBM disease who had different patient outcomes and summarize clinicopathological characteristics and survival of patients with anti-GBM disease at our medical center. Larger studies would be ideal, but may be difficult to conduct because anti-GBM disease is a rare disease, which has an estimated incidence between 0.5 and 1.6 case per million per year [1]. In this context, we believe that, despite the limited sample size, this work may add to the literature by presenting detailed clinicopathological characteristics and outcomes in Japanese patients with anti-GBM disease.

Abbreviations

ANCA: Antineutrophil cytoplasmic antibody; BUN: Blood urea nitrogen; DFPP: Double-filtration plasmapheresis; eGFR: Estimated glomerular filtration rate; ESRD: End-stage renal disease; GBM: Anti-glomerular basement membrane; IQR: Interquartile range; Ig: Immunoglobulin; IU: International unit; MPO-ANCA: Myeloperoxidase-antineutrophil cytoplasmic antibody; PR3-ANCA: Proteinase 3-antineutrophil cytoplasmic antibody; sCr: Serum creatinine

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Authors' contributions

YS designed the study; collected, analyzed, and interpreted the data; and drafted the manuscript. YS collected and interpreted the data and critically revised the manuscript. HT designed the protocol, collected and interpreted the data, and critically revised the manuscript. KA, TM, and YO contributed to the data collection. All authors read and approved the final manuscript.

Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

Ethics approval and consent to participate

This study was approved by the Internal Review Board of the Teine Keijinkai Medical Center (IRB Approval No. 2-019071-10) and was carried out in accordance with the Declaration of Helsinki. Informed consent was individually obtained from all participants included in the study.

Consent for publication

All co-authors approved this submission. The patients consented to publish their information details.

Competing interests

This research did not receive any specific funding from grant agencies.

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